



MAY 2018 BREAKFAST /LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5/7 Beef Sausage on Bun (20g) Đ	5/8 Cinnamon French Toast (37g)	5/9 Turkey Sausage Breakfast Pizza (31g)	5/10 Maple Waffles (38g)	5/11 Strawberry Pancakes (40g)
5/14 Sweet Potato Swirl Roll (33g)	5/15 Maple Pancakes (39g)	5/16 Mini Cinnis (39g)	5/17 Turkey Sausage Pancake Wrap (17g) Đ	5/18 Bagels with Strawberry Creamy Cheese (41g)
5/21 Beef Sausage on Bun (20g) Đ	5/22 Cinnamon French Toast (37g)	5/23 Turkey Sausage Breakfast Pizza (31g)	5/24 Maple Waffles (38g)	5/25 Strawberry Pancakes (40g)
5/28 MEMORIAL DAY NO SCHOOL	5/29 Maple Pancakes (39g)	5/30 Mini Cinnis (39g)	5/31 Turkey Sausage Pancake Wrap (17g) Đ	6/1 NO SCHOOL

CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST:

Assorted Cereal (20-26g) or Graham Cracker (19g) or Yogurt (15g) or Cheese Stick (1g)

Orange juice (14g) and apple juice (14g) are offered at breakfast. Fresh fruits and a choice of 1% low fat white milk (13g), or skim chocolate milk (24g) are offered at breakfast/lunch. Vegetables offered daily and legumes weekly at lunch.

A complete breakfast and lunch are FREE to every student!!

Grams of carbohydrate for each food are listed as (g).

*Sliced wheat bread (12g) offered with entree.

<> Meatless entree

Đ Dairy-free entree

Pork, seafood, and nut-containing products are not offered.

Menu is subject to change.

This institution is an equal opportunity provider.

Rev 4/10/2018

LUNCH

5/7 *Chicken Nuggets (13g) Đ Cheese & Bean Enchilada (42g) <> *Cheddar Bits (0g) & Tortilla Strips (23g) <>	5/8 *Chicken Drumstick (5g) Đ Cheese Pizza (30g) <> Sun Butter (14g) & Bagel (26g)<> Đ Baked Beans (30g) <>	5/9 BBQ Beef Rib on Bun (43g) Turkey Hot Dog on Bun (26g) Đ for <u>K-6 ONLY</u> Soy Butter & Grape Jelly Sandwich (55g) <>	5/10 * Walking Taco (27g) Cheesy Bread Sticks (27g) with Marinara Sauce (4g) <> *Turkey Wrap (14-16g) & BBQ sauce (4g) Đ	5/11 Hamburger/Bun (20g) Đ Veggie Burger with Cheese on Bun (40g) <> Soy Butter & Grape Jelly Sandwich (55g) <> Potato Wedges (14g)
5/14 Cheese Pizza (30g) <> Hamburger on Bun (20g) Đ *Chicken Fajita and Cheese Wrap (15g) Corn (17g)	5/15 *Cheeseburger Meatloaf on Bread (20g) Turkey Hot Dog on Bun (26g) Đ for <u>K-6 ONLY</u> Sun Butter (14g) & Bagel (26g)<> Đ Baked Beans (30g) <>	5/16 *Chicken Dippers (1g) Đ Turkey Sausage & French Toast Sticks (39g) Soy Butter & Grape Jelly Sandwich (55g) <>	5/17 Hamburger/Bun (20g) Đ Pepperoni Pizza (30g) *Garden Salad with Egg & Cheese (4g) <> Mixed Veggies - carrot, pea, green bean, lima bean, & corn (9g)	5/18 Chicken Patty on Bun (29g) Đ Toasted Cheese Sandwich (24g) <> *Turkey Wrap (14-16g) & BBQ sauce (4g) Đ
5/21 *Chicken Nuggets (13g) Đ Cheese & Bean Enchilada (42g) <> *Cheddar Bits (0g) & Tortilla Strips (23g) <>	5/22 *Chicken Drumstick (5g) Đ Cheese Pizza (30g) <> Sun Butter (14g) & Bagel (26g)<> Đ Baked Beans (30g) <>	5/23 BBQ Beef Rib on Bun (43g) Turkey Hot Dog on Bun (26g) Đ for <u>K-6 ONLY</u> Soy Butter & Grape Jelly Sandwich (55g) <>	5/24  *Ohio Day Chicken Tenders (11g) Đ Cheesy Bread Sticks (27g) with Marinara Sauce (4g) <> *Turkey Wrap (14-16g) & BBQ sauce (4g) Đ	5/25 Hamburger/Bun (20g) Đ Veggie Burger with Cheese on Bun (40g) <> Soy Butter & Jelly Sandwich (55g) <> Potato Wedges (14g)
5/28  MEMORIAL DAY NO SCHOOL	5/29 *Cheeseburger Meatloaf on Bread (20g) Turkey Hot Dog on Bun (26g) Đ for <u>K-6 ONLY</u> Sun Butter (14g) & Bagel (26g)<> Đ Baked Beans (30g) <>	5/30 *Chicken Dippers (1g) Đ Turkey Sausage & French Toast Sticks (39g) Soy Butter & Grape Jelly Sandwich (55g) <>	5/31 Assorted Sandwiches (14-55g) with Picnic Cold Pack	6/1 NO SCHOOL 